

CITY OF SUGAR LAND

**FIRE DEPARTMENT**



**CITIZEN'S FIRE ACADEMY  
CLASS #12**



## CITY OF SUGAR LAND FIRE DEPARTMENT

Ready for a challenge? Have you ever wondered what it is like to be a firefighter? If so, join us in our Citizen's Fire Academy Class. The class will consist of 37 hours of training to include an engine, real fire approach to Operations! exciting "ride along" on a fire evolutions and hands on Sugar Land Fire Department

**Class #12 begins  
January 15<sup>th</sup>, 2015**



### Curriculum Includes



- Fire Department History & Organization
- Fire Communications
- Firefighter Requirements & Recruitment
- Apparatus and Equipment
- First Aid/CPR
- EMS/Rescue
- Fire Science
- Protective Equipment
- Fire Prevention
- Fire Extinguisher Training
- Disaster Preparedness
- Incident Management
- Hands on Evolutions



Citizen's Fire Academy  
Class #12  
Tentative Schedule  
(Subject to change)

Session	Date	Location	Time
Session #1	January 15 <sup>th</sup> , 2015	Fire Administration CFA Class Room	6:30 p.m. – 9:30 p.m.
Session #2	January 22 <sup>th</sup> , 2015	Fire Administration CFA Class Room	6:30 p.m. – 9:30 p.m.
Session #3	January 29 <sup>th</sup> , 2015	Fire Administration CFA Class Room	6:30 p.m. – 9:30 p.m.
Session #4	January 31 <sup>st</sup> , 2015	Ft. Bend Fire Field (Richmond)	8:00 a.m.- 5:00 p.m.
Session #5	February 5 <sup>th</sup> , 2015	Fire Administration CFA Class Room	6:30 p.m. – 9:30 p.m.
Session #6	February 12 <sup>th</sup> , 2015	Fire Administration CFA Class Room	6:30 p.m. – 9:30 p.m.
Session #7	February 19 <sup>th</sup> , 2015	Fire Administration CFA Class Room/ PD Dispatch	6:30 p.m. – 9:30 p.m.
Session #8	February 26 <sup>th</sup> , 2015	Fire Administration CFA Class Room	6:30 p.m. – 9:30 p.m.
Session #9	February 28 <sup>th</sup> , 2015	Ft. Bend Fire Field (Richmond)	8:00 a.m.- 5:00 p.m.
Session #10 Graduation	March 5 <sup>th</sup> , 2015	Fire Administration Auditorium	6:30 p.m.

## **What is a Citizen's Fire Academy?**

The Sugar Land Citizen's Fire Academy (Academy) is an educational endeavor designed to promote citizen participation in fire department activities, citizen knowledge of fire department operations, and community support for the fire department's needs by providing quality instruction, current information and life safety promotion. The Academy is guided by the principles of superior service, productivity, initiative, responsibility, innovation and teamwork leading to the ultimate goal of making Sugar Land the safest city in the area. This ten session dynamic program provides knowledge in fire prevention, rescue, communications, hazardous material identification, and extinguisher training. Citizens will be allowed to participate in practical drills. Participants who complete this course will be more conscious of their environment and more safety oriented. Certificates are awarded during graduation exercises to be held at the completion of this course. This program is designed to be informative only and not to create citizen firefighters.

## **What are the program components and what are my commitment requirements?**

The Academy will consist of 37 hours of instruction. This will include classroom lecture, hands on training, and a ride along program. The Academy will meet three hours - one night a week for eight weeks. Two eight-hour Saturday sessions and a six-hour ride along will conclude the required training. Your commitment will be vital to the success of this program. Classes will be held on Thursday evenings from 6:30 p.m. to 9:30 p.m. in the CFA Class room.

### Subjects to be covered include:

- Fire Department History & Organization
- Fire Science
- Firefighter Protective Equipment
- First Aid/CPR (Non-credentialed)
- Communications - Dispatch
- Incident Command
- Fire Prevention
- Fire Extinguisher Training
- Hazardous Materials Identification
- Disaster Preparedness
- Fire Ground Strategies and Tactics
- EMS/Rescue

## 1. Eligibility

In order to be eligible to participate, the applicant must

- Be 18 years of age
- Must live or work in Sugar Land \*
- Have no prior felony convictions
- Complete a Liability Release Waiver
- Be able to attend all sessions and required ride along

## 2. Selection Process

Applications received will be reviewed by the Volunteer coordinator and the Fire Prevention division of the Sugar Land Fire Department.

## Program Policies

All citizens enrolling in the Academy are expected to follow the policies listed below.

### ➤ **Attendance & Punctuality**

Weekday sessions will be three hours in length. They will begin at 6:30 p.m. and end at 9:30 p.m. Saturday sessions will begin at 8:00 a.m. and end at 5:00 p.m. **All sessions will start on time and participants are required to be on time for the start of class and when returning from breaks.** Attendance is an important part of the course; therefore, all participants are encouraged to attend all sessions.

*\*Participants missing more than six hours of instruction or the six-hour ride along will not receive a certificate of completion for the Academy.\**

### ➤ **Attire & Instructions**

No shorts, tank top t-shirts or high-heeled shoes are permitted. It is recommended that slacks or jeans and closed toed shoes be worn for outside activities. Your safety is the most important part of the program; therefore, all participants must follow the instructions given by their instructors.

### ➤ **Safety Supplies**

Participants will be requested to provide their own work gloves and safety glasses. This will help alleviate an added expense to the program and assure your proper fit and style desired. If you do not have your own work gloves

and or safety glasses, please advise staff the first night and it will be supplied on loan to you throughout the program.

➤ **Other**

No smoking!

No pets allowed!

No children!

No weapons!

No alcohol used prior to class or in the class!



**Class #12**  
**Curriculum**  
(Subject to change)

Session	Description	Date
1	<b>Introduction-</b> Command staff and paperwork. <b>Fire Department Organization &amp; History</b> – Brief history of the department to include pictures of the Model-T and apparatus in need of preservation. Explanations will be given of the organization of the department (emergency services, prevention, and emergency management) number of stations, apparatus, personnel, work schedules and special teams.	Thursday Jan. 15 <sup>th</sup> , 2015
2	<b>Fire Science</b> – Students will review the basics of fire science that is critical in a firefighter’s role. <b>Protective Equipment</b> – The students will see demonstrations and discuss use and limitations of firefighter protective equipment including bunker gear and Self Contained Breathing Apparatus (SCBAs). Students must put gear on!	Thursday Jan. 22 <sup>th</sup> , 2015
3	<b>Fire Ground Tactics-</b> Students will be trained in the department’s tactics and strategies. <b>Vehicle Rescue-</b> Students will learn about vehicle rescues and about the Holmatro (Rescue) tools. <b>Extrication-</b> Students will learn the proper methods of EMS extrication.	Thursday Jan. 29 <sup>th</sup> , 2015
4	<b>Apparatus &amp; Equipment-</b> Students will experience fire apparatus/equipment and have an opportunity to climb an aerial apparatus. Hands on exercises with fire hoses and extrication of vehicle	Saturday Jan. 31 <sup>st</sup> , 2015

5	<p><b>First Aid/CPR</b> – This session will show students the American Heart Association Family and Friend CPR basics as well as first aid.</p> <p><b>Incident Command</b> – Students will learn the basics of how the fire personnel handle incidents and what “ICS” is all about.</p>	Thursday Feb. 5 <sup>th</sup> , 2015
6	<p><b>Firefighter Requirements &amp; Recruitment</b> – Students will learn what is required to become a firefighter, EMT and what it takes to continue. Students will also be introduced to the recruiting and hiring practices as well as demonstrations of the physical abilities test.</p> <p><b>Haz-Mat</b>- Students will learn the identification and remediation techniques of hazardous materials incidents.</p>	Thursday Feb. 12 <sup>st</sup> , 2015
7	<p><b>Emergency Management</b>- students will be given an overview of emergency management. This will include hurricane and storm preparedness.</p> <p><b>Communications</b>- Students will tour the dispatch center and learn about dispatch procedures.</p>	Thursday Feb. 19 <sup>th</sup> , 2015
8	<p><b>Fire Prevention</b> –Students will learn about all aspects of fire prevention. Students will learn how arson investigators work.</p> <p><b>Public Education</b> – Students will learn how the public education division works in the community. Students will learn to use a fire extinguisher.</p>	Thursday Feb. 26 <sup>th</sup> , 2015
9	<p><b>Fire Ground Strategies &amp; Tactics</b> – Fire personnel will demonstrate offensive and defensive fire attack, search, ventilation, salvage and overhaul as well as allow students hands-on opportunities at the Richmond Fire Field. The session will include fire attack, search, and operating in a smoke filled environment as a final scenario.</p>	Saturday Feb. 28 <sup>th</sup> , 2015
10	<p><b>Graduation</b> – Celebration of applicants who successfully completed the Academy. Presentation of certificates as well as time for photos, food and fun.</p>	Thursday March 5 <sup>th</sup> , 2015